

# **Jr High Athletic Code of Conduct**

## **Behavior Code**

Extra-curricular activities are defined as those activities not related to an academic course and involve participation in competitions outside of the normal school day. Extracurriculars include all athletic teams, Scholastic Bowl, and cheerleading. Participation in extracurricular activities at Altamont Grade School is a privilege granted to students who can and do uphold the ideals of good citizenship, who abide by the rules and regulations of the school community and who commit themselves to academic success. Altamont students represent more than themselves at events. They represent their parents, fellow students, faculty and the entire school community. Participation will be granted to those students who agree to abide by our behavior code. In order to contribute to the welfare of the activity, the participant must be willing to make sacrifices not required of others.

The administration, coaches, sponsors, and participants will work together to develop and maintain a program which emphasizes a commitment to a healthy atmosphere of participation. This code of behavior is designed so all participants will be aware of what constitutes improper behavior by an activity participant. The first time in an individual's grade school career that a student becomes a member of an activity, the behavior code becomes active. The code shall be enforced by the administration starting on the earliest practice date approved by the Illinois Elementary School Association through the final date of student participation in the school year. The code shall be enforced throughout the school calendar year, without regard to the length or duration of a particular extra-curricular activity, and is in force all day and each day for that time.

## **Requirements for Participation**

### **1. Physical and Insurance**

It is the policy that before anyone may participate at Altamont Junior High School they must have a current physical examination on file in the office. "Current" is considered within one calendar year of the start date for the activity. The participant must also have school insurance or have an insurance waiver card on file in the principal's office. Students who do not meet these requirements will not be permitted to participate at any level. Athletic physicals must meet the guidelines established by the Illinois Elementary School Association.

### **2. Extracurricular Code**

A receipt showing that the participant and his/her parents received a copy of the Extracurricular Code, understand the terms of the code and agree to abide by its terms and conditions.

### **3. Concussion Information**

A receipt showing that the participant and his/her parents received a copy of the concussion information and understand the risks associated with concussions.

### **4. Academic and Participation Eligibility**

- a. The age requirement for an athlete will be in accordance with IESA requirements.
- b. The athlete must be doing "D" or better work in all school subjects as determined by the local school district.

- c. The athlete's work will be checked weekly on Friday to govern eligibility for the following week, Monday through Saturday.
- d. In all athletic activities, if the athlete is ineligible for four weeks, they will be terminated from the team. During the 1st two times of being ineligible, the athlete may practice with the team, but not participate in games with the team. If the athlete becomes ineligible for the 3rd time, they may not practice or participate with the team.
- e. If an athlete becomes ineligible and the teacher offers no opportunity for the athlete to become eligible in that class then the athlete may not be ineligible for the 2nd consecutive week.
- f. The athlete must be in attendance at the start of school to be eligible to participate in practice or games that night, unless the principal grants permission beforehand. If you leave school for health reasons you are not eligible that night. Athletes that use the one-day firearms season for deer hunting must return to school before the beginning of the 1st period after lunch to practice or play.
- g. An athlete dismissed from class on the day of a contest will miss that contest. Dismissal on other days will cause them to miss practice that day. This will be an unexcused absence.
- h. Team managers will be considered the same as athletes in regard to eligibility.
- i. An ineligible athlete will not travel with the team.

### **Major Rule Infractions**

1. Possession, consumption, distribution or sale of alcohol.
2. Possession, consumption, manufacture, distribution or sale of harmful or illegal drugs or look-alike drugs.
3. Possession, consumption, distribution or sale of anabolic-androgenic steroids.
4. Use of any form of tobacco.
5. Unsportsmanlike conduct.
6. Insubordination.

### **Disciplinary Actions for Major Rule Infractions**

When evidence of a violation of the behavior code occurs, disciplinary action will be taken in consecutive order for each offense throughout the individual's grade school career by the athletic director, principal or his designee. Any disciplinary action not served or completed at the end of one school year will carry over to the next. Written parent contact will be made. Any appeal of a disciplinary decision must be made in writing to the superintendent within five school days of parent contact.

1. First offense: Suspension for eight game dates (regular season or tournament) for that activity. If a student is involved in simultaneous activities, the suspension will be served concurrently in all of the activities. Students will not be allowed to join extra-curricular activities already established in order to avoid an athletic suspension. If the participant finishes the season in good standing, the individual will be eligible for an award. If the suspension carries over to the next activity in which the individual participates, a letter may be given after the suspension is completed. In order for the suspension to be considered served, the participant needs to successfully complete the season.

2. Second offense: One (1) year suspension from all activities covered by the behavior code for one (1) calendar year from the date of the offense. No awards will be earned.
3. Third offense: Career suspension from the date of the offense through graduation. No award will be earned.
4. In incidents of insubordination, athletes are subject to both the disciplinary guidelines and the athletic code.

### **Actions to Reduce Consequences of Major Rules Infractions**

1. Option 1: The consequence of the first violation of a major code infraction which is first reported by the student or their parent may be reduced to 4 dates (regular season or tournament) for that activity. OR
2. Option 2: The consequence of the first violation of a major code infraction may be reduced by any extra-curricular participant who, at his/her own expense, participates in and completes a program for substance abuse or counseling, approved by the administration. The consequence of the first violation may be reduced to 4 dates (regular season or tournament) for that activity.

### **Minor Rule Infractions**

Organization rules will be developed in writing and distributed, with the approval of the administration, at the first extra-curricular meeting by the individual coach or sponsor and will only affect that sport or activity. If the individual and/or parent wish to appeal the decision, the appeal must be made to the athletic director within 48 hours.

### **Injuries**

The athlete should report any injury to their coach immediately both before and after seeing a doctor.

### **Travel**

1. All athletes must ride to events with the team to be eligible to participate. The athlete may ride home with their parents if they are properly signed out. Athletes may ride with another student's parent if it is approved by the principal at least 24 hours prior to the event.
2. All athletes will conduct themselves in a quiet and orderly manner while on the bus.
3. No food, drink, candy, etc. will be allowed on the bus.
4. Normal bus safety regulations (mandated by the Illinois Office of Education) are applicable.

### **Disagreements with Disciplinary Actions**

The procedure for solving problems in connection with disciplinary action is as follows:

Step 1: The athlete will review the decision with the coach

Step 2: The athlete, the coach, and the athletic director will meet to review the decision

Step 3: The athlete, the coach, the athletic director and the principal will meet to review the decision

Parents and student athletes need to sign, date, and return the following page to AGS.

I have been given access to, read, and understand Altamont Junior High School's Extracurricular Code. The Code can also be accessed on [altamontschools.org](http://altamontschools.org) website.

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Print name of Parent/Legal Guardian

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Parent/Legal Guardian Signature

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Date

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Print name of Participant

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Participant Signature

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Date