

OCTOBER 2019

AGS LUNCH

MONDAY

1 % White or Flavored Milk, served with each Lunch.

Fruit / Veggie Bar served during lunch (5-8) .

TUESDAY

Mac & Cheese **1**
Soft Pretzel Stick, WG
Corn
Green Beans
Peaches

WEDNESDAY

All Meat Pizza, WG **2**
Fresh Carrots Dipping Sauce
Romaine Lettuce Salad
Ranch Dressing FF
Pears

THURSDAY

Chicken Nachos Grande **3**
Lettuce & Tomato Cup
Cheesy Refried Beans
Salsa
Applesauce

FRIDAY

Sloppy Joe **4**
Hamburger Bun, WG
Oven Fries
Baked Beans
Mandarin Oranges

Grilled Chicken Patty **7**
Hamburger Bun, WG
Steamed Broccoli w/
Cheese Sauce
Baked Beans
Pineapple Chunks

Hamburger Pony Shoe **8**
Green Beans
Apple Slices
Chocolate Chip / M&M
Cookie, WG

Jumbo Ravioli **9**
Bread Stick, WG
Corn
Romaine Lettuce Salad
Ranch Dressing FF
Frozen Fruit Cup

Hamburger Patty **10**
Hamburger Bun, WG
Oven Fries,
Baked Beans
Rosy Applesauce

**TEACHER
INSERVICE
NO SCHOOL** **11**

**Columbus Day
No School** **14**

Popcorn Chicken **15**
Seasoned Potato Wedges
Carrots Ranch Dip
Peaches
Carnival Cookie, WG

Pizza Crunchers, WG **16**
Potato Tots
Green Beans
Pears

Toasted Ravioli w/
Meat Sauce **17**
Romaine Lettuce Salad
Ranch Dressing FF
Corn Applesauce

Ham/Cheese Sandwich **18**
Seasoned Potato Wedges
Steamed Broccoli w/
Cheese Sauce
Mandarin Oranges

Chicken Nuggets **21**
Oven Fries
Baked Beans
Mixed Fruit
Chocolate Chip Cookie, WG

Pepperoni Bosco Stick **22**
w/ Spaghetti Sauce
Green Beans
Peaches

Spaghetti w/ Meat Sauce **23**
Bread Stick, WG
Romaine Lettuce Salad
Ranch Dressing FF
Corn Fruity Jell-O

Chicken Wrap **24**
Lettuce & Tomato Cup
Cheesy Refried Beans
Salsa
Applesauce

No School **25**

Breaded Chicken Patty **28**
Hamburger Bun, WG
Curly Fries
Baked Beans
Mixed Fruit

Hot Dog / Chili Dog (5-8) **29**
Hot Dog Bun, WG
Sun Chips
Romaine Lettuce Salad
Ranch Dressing FF
Peaches

Tater Tot Casserole **30**
Broccoli w/
Cheese Sauce
Dinner Roll
Pears

Beef & Cheese Taco **31**
w/ Tortilla Shell, WG
Lettuce & Tomato
Cheesy Refried Beans
Salsa Orange Slices

**THIS INSTITUTION IS
AN EQUAL
OPPORTUNITY
PROVIDER**