

# SEPTEMBER 2019

# AGS BREAKFAST

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**LABOR DAY  
NO SCHOOL**

**2**

Mini Waffles -  
Triple Berry, WG  
Cereal  
Fruit Cup  
Fruit Juice

**3**

Sausage Egg Slider, WG  
Cereal  
Fruit Cup  
Fruit Juice

**4**

Muffin  
Yogurt  
Fruit Cup  
Fruit Juice

**5**

Biscuit & Country Gravy  
Cereal  
Fruit Cup  
Fruit Juice

**6**

Chex Mix -  
Chocolate or Strawberry  
Cereal  
Fruit Cup  
Fruit Juice

**9**

Sausage Pancake Wrap, WG  
Cereal  
Fruit Cup  
Fruit Juice

**10**

Bacon Egg Boat, WG  
Cereal  
Fruit Cup  
Fruit Juice

**11**

Yogurt Parfait  
Cereal  
Fruit Cup  
Fruit Juice

**12**

Ham Egg Cheese  
Combo Bar, WG  
Cereal  
Fruit Cup  
Fruit Juice

**13**

French Toast Sticks  
Syrup - SF  
Cereal  
Fruit Cup  
Fruit Juice

**16**

Pop Tart  
Cereal  
Fruit Cup  
Fruit Juice

**17**

Banana Bread  
Cereal  
Fruit Cup  
Fruit Juice

**18**

Bacon Egg Cheese  
Biscuit, WG  
Cereal  
Fruit Cup  
Fruit Juice

**19**

Long John Donut, WG  
Cereal  
Fruit Cup  
Fruit Juice

**20**

Breakfast Bites, WG  
Cereal  
Fruit Cup  
Fruit Juice

**23**

Cereal Bar  
Cereal  
Fruit Cup  
Fruit Juice

**24**

Breakfast Bosco  
Cereal  
Fruit Cup  
Fruit Juice

**25**

Sausage Breakfast Pizza, WG  
Cereal  
Fruit Cup  
Fruit Juice

**26**

Cinnamon Rolls, WG  
Cereal  
Fruit Cup  
Fruit Juice

**27**

Dutch Waffle, WG  
Syrup—WG  
Cereal  
Fruit Cup  
Fruit Juice

**30**



**1 % White or  
Flavored Milk served  
with each Breakfast.**

**Menus are subject to  
change.**

**THIS INSTITUTION IS  
AN EQUAL  
OPPORTUNITY  
PROVIDER**